

**WHAT IS
FETAL ALCOHOL
SPECTRUM
DISORDER?**

*It is an umbrella
term used to
describe the range of
diagnosis given to
prenatally alcohol
exposed individuals.*



**Lakeland Centre
for FASD -
Other Services
Offered:**

- * Diagnostic Services for Children and Adults
- * Resource Information
- * Resource Development
- * Mothers-to-be Mentorship Program
- * Summer Camp

**Lakeland Centre for
Fetal Alcohol
Spectrum Disorder**

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Training & Education



***"We envision a region with no new FASD
births and where currently affected
individuals are well supported"***

Training & Education

Workshops

The Centre provides workshops and training to a variety of audiences:

- * high school and primary school students
- * college students
- * para-professionals
- * professionals
- * general public

These presentations may cover many things depending on the nature of the workshop and the time available:

- * prevention,
- * FASD 101,
- * history,
- * best practice strategies,
- * working with birth mom's,
- * secondary disabilities,
- * employment supports,
- * justice system, etc.

Tailored Workshops

If your organization requires a specific type of training regarding FASD we would be happy to tailor the training to your needs.

"Train the trainer" training

The Centre has worked hard to develop a 2 day training program to train interested individuals on how to deliver a FASD prevention workshop. This program is designed for individuals working in human services, interested citizens, and youth.

Diagnostic & Assessment Certified Team Training

Once a year the LCFASD's Diagnostic and Assessment teams host Diagnostic & Assessment training for others who are interested in a multi disciplinary team. Our target is to train teams from rural communities; however the training is open to anyone.

The Centre may be open to providing this training to specific communities depending on the circumstances.

School Based Support

Training is specifically designed for teachers, assistants, administration. The LCFASD are identified trainers on this topic with Alberta Education.

Community Development Training/Support

The Lakeland FASD society is dedicated to sharing the information and resources that we have with others who are in the development stages. We provide rural communities models to deliver services in the field of FASD, with the beginning stages of how to build community capacity. This is a two or three stage exercise depending on the readiness of the community.

Trainers

The LCFASD staff deliver the training sessions and have developed expertise in specific areas. Staff have presented at local, regional, national, and the Executive Director has also presented Internationally.